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# Cheap And Delicious Box Set: 31 Fast Freezer Meal Recipes For Money Saving And 33 Easy To Follow Steps For Canning, Freezing, Dehydrating Your Favourite ... Delicious, Cheap Meals, Make Ahead Meals)



## Synopsis

**BOOK #1: Make Ahead Meals: 31 Fast and Easy Freezer Meal Recipes For a Whole Month**

**Ahead**Would you like more time to relax at the end of a hard day? Never have to worry again about rushing home to cook the family meal? Have the opportunity to spend more quality time with your family? Plus make monetary savings?These statements would certainly bring a resounding yes from most and these are some of the benefits that you can achieve with the help of this book. Make ahead meals or once a month cooking as it is also known is the simplest way to ensure that you have more time and can also provide you with many other benefits besides.Making meals ahead is not for everyone, so it's best to begin by exploring the idea in more depth and this book has been designed to cover the basics including:Get OrganizedThe Shopping

ListPreparationRecipesAdvantages of Once a month CookingDisadvantages of Once a month CookingTake the challenge and you really will wonder why you have never embark on this before.

Let's get cooking!**BOOK #2: Cheap and Delicious: Top Secrets For Money Saving while Cooking and Serving Delicious Meals**Are you ready to learn how to save money on your grocery budget? Do you think that it's impossible to eat delicious foods on the cheap? Well, you can save money and continue to treat your family to delicious meals. In this ebook you will learn the top secrets to slashing your grocery budget. You won't just be eating beans and rice.Here is what you will learn after reading this book:How to save money on your favorite productsLearn how to buy and preserve fresh produceLearn why you should shop the clearance itemsExamine the Farmers' Market and learn ways to save even more money while you're there

**BOOK #3: Preserving Food: 33 Easy to Follow Steps For Canning, Freezing and Dehydrating Your Favorite Fruits and Vegetables**A wonderful how-to guide to begin preserving your fruits and vegetables. Stop throwing wasted food and money down the drain. This 33 step guide to preserving your fruits and vegetables will show you step-by-step how to start preserving today. Learn about the most popular forms of preserving, which are canning, freezing, and dehydrating. This quick little guide talks about everything from tools and equipment you need, how to store your finished products, and even some easy beginner recipes. Preserving your food is a great way to get that fresh produce to last all year long. Preserving fruits and vegetables yourself allows you to control what is going into your food. No scary ingredients, chemicals, artificial colors, and "natural" flavors. Preserving allows you to serve your family delicious produce all year long. This guide will show you the benefits and how easy it is to start preserving:All the tools and equipment you'll need to get startedSimple to follow step-by-step instructions Easy troubleshootingHow to store your preserved fruits and vegetablesGeneral shelf life for each methodGetting Your FREE BonusDownload this book, and

find "BONUS: Your FREE Gift" chapter right after the introduction or after the conclusion. Download your copy of "Cheap and Delicious Box Set" by scrolling up and clicking "Buy Now With 1-Click" button.

## **Book Information**

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Quick & Easy, Make-Ahead Meals For Busy Families (Freezer Recipes, Freezer Cooking, Dump Dinners, Make Ahead, Slow Cooker) Make Ahead Meals: Easy Freezer Recipes to Make Ahead for Cooking Breakfast, Lunch and Dinner Including Crockpot Freezer Meals Freezer Meals: Top 365+ Quick & Easy Make-Ahead Recipes for Busy FamiliesÂ© Includes 1 FULL Month Meal Plan (Your Ultimate Freezer Meal Cookbook) Make Ahead Meals: Stock Up On These 44 Fridge And Freezer Friendly Meals Ahead Of Time, And You'll Never Go Hungry Again-Save Time And Reduce The Stress ... Slow Cooker Recipes, Make Ahead Paleo) Canning Recipes: 150 Home Canning Recipes For Canning and Preserving (Home Canning Recipes, Preppers Food) Make Ahead: 365 Days of Quick & Easy, Make Ahead, Freezer Meals (Dump Dinners, Slow Cooker, Overnight Recipes) Meal Prep: Amazing Meal Prep Recipes: Healthy Meals, Clean Eating, & Meal Prep for Weight Loss (Meal Prep for Weight Loss & Meal Prep Recipes) Food Preservation & Storage at Home - A Step by Step Guide to Canning, Pickling, Dehydrating, Freezing & Safely Storing Food for Later Use Low Carb Freezer Meals: 26 Make-Ahead Low Carb Freezer Meals: (low carbohydrate, high protein, low carbohydrate foods, low carb, low carb cookbook, low ... Ketogenic Diet to Overcome Belly Fat) Dump Meals Box Set (11 in 1): Healthy and Easy-to-Make Recipes to Make in Less than 30 Minutes (Quick and Easy Microwave Meal Recipes) Quick and Easy Make Ahead Meals Cookbook: 25 Make Ahead Meals Made Healthy Healthy and Easy Freeze, Heat, and Eat Meals: Quick, Delicious, and Low-Carb Freezer Meal Recipes for Your Family (Microwave Meals) Crock Pot: 2,000 Crock Pot Recipes Cookbook (Crock Pot Recipes, Slow Cooker Recipes, Dump Meals Recipes, Dump Dinner Recipes, Freezer Meals Recipes, Crock Pot Recipes Free) Cookbook for Busy People Box Set (2 in 1): Over 70 Freezer and Mason Jar Meal Recipes for People On-the-Go - Mouthwatering Breakfast, Lunch, Dinner & Salads (Quick and Easy Recipes Cookbook) Low Carb Freezer Meals: 30 Healthy Meals to Choose and Prepare in One Day for the Whole Week to Save Your Time and Money (Microwave Cookbook & Quick and Easy Meals)

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